

ST. CHRISTOPHER'S SHRINE MONT PARISH RETREAT WEEKEND

CONNECTING DEEPLY WITH WHO GOD CREATED US TO BE

October 13 - 15, 2023
(Friday dinner – Sunday lunch)



Join us for a weekend away at Shrine Mont retreat center
in the Shenandoah Mountains to relax, refresh, learn, pray, and play!

Shrine Mont's mission is to be "A Place Apart" and it offers many ways to do this – hiking the hills, rocking in a chair on a porch, or praying as you walk the labyrinth surrounded by towering trees. Come along for a weekend of fellowship and fun!

What Is Shrine Mont? It's...

- a place to get away, nestled in the Shenandoah mountains.
- a place for hiking, relaxing, bonfires, and fellowship.
- a place to be active or quiet.
- a place to get to know other parishioners and to rekindle friendships.
- a place to worship God under the highest ceiling of any cathedral in the world.
- a place for children of God of all ages.
- a place for singles, couples, and families.

To learn more about Shrine Mont, please follow this link: <https://shrinemont.com>

Shrine Mont is in Orkney Springs, VA off the Mt Jackson exit of I-81. It is about two hours from Springfield. A schedule of activities, suggested packing list, and directions to Shrine Mont will be distributed to participants prior to the weekend.

DEADLINE: Please submit your registration and deposit by Sunday, September 17.

For more information or questions, please contact Mary Johnson
(MJohnson311@icloud.com) or Jen Guernsey (jenguernsey@gmail.com)

Weekend Schedule

(All activities are optional and this weekend is yours to spend as you see fit)

Friday, October 13

Check-in beginning at 4:00 - Dinner at 5:30

Gathering and Evening Prayer or Compline

Bonfire with S'mores and music

Saturday, October 14

Morning – Morning Prayer and *Connecting Deeply with Who God Created Us to Be: The Enneagram* led by Rev Connors

Afternoon - Lots of time for wandering, reading, visiting and naps! Various optional group activities may include hiking, outdoor games, prayer activities, chair yoga, winery visits, etc.

Evening – St. Christopher's famous Game Night!

Sunday, October 15

Eucharist at the outdoor Shrine

After lunch - Check out and back to reality!



Check out this short [video](#) highlighting the beauty of this special haven nestled in the mountains!

Shrine Mont Activities

- Prayer Labyrinth (Click [HERE](#) for a Prayer Labyrinth brochure)
- Scenic hiking trails
- Tennis court
- Pickle ball court
- Volleyball court
- Two large recreation fields suitable for kickball, soccer, and other sports & games
- Campfire rings
- Horseshoes, croquet, and bocci ball
- Gift Shop
- Golf at nearby Bryce Resort
- Hayrides available by reservation



Parish Weekend Pricing and Registration Information

Please register online at <https://forms.gle/k6eu5eHdPgnc8D5VA> or by submitting the form below no later than Sunday, September 17 along with a deposit for half the total cost via [PayPal](#), [Venmo](#) (add 2% to Venmo payments to cover servicing fees) or checks payable to St. Christopher's Church, earmarked "Shrine Mont." Note that Sept 17 is a hard deadline as we must let Shrine Mont know by then how many people will be attending.



Paypal



Venmo

Pricing includes lodging, 6 meals, on-site activities, and taxes. If the cost of the weekend is a challenge for you, please contact Mother Carey for financial assistance.

- Adults (ages 13 & up): \$182 each double occupancy or \$237 each single occupancy
- Youth (ages 4-12): \$117 each
- Children under the age of 4: FREE



Registration Form (due by Sept. 17)

Please return this form in the offering plate or in the basket on the volunteer table in Fellowship Hall.

# Adults double occupancy (13+)	_____ x \$182 =	\$ _____
# Adults single occupancy (13+)	_____ x \$237 =	\$ _____
# Youth (4-12)	_____ x \$117 =	\$ _____
# Children (0-3)	_____ x \$ 0 =	\$ _____
Total		\$ _____

Names of attendees. Include ages for children.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Phone: _____

Email: _____

____ I need a ride to and from Shrine Mont

I can help with:

____ Children's activities

____ Transportation

Do you have any dietary restrictions?

Shrine Mont Weekend Menu

FRIDAY

DINNER - 5:30 PM

Pork BBQ / Buns
Vegetarian Baked Beans
Coleslaw
Pasta Salad
Broccoli Salad
Corn Casserole
Route 11 Potato Chips
Apple Crunch
Unsweetened Ice Tea, Coffee

SATURDAY

BREAKFAST - 8:00 AM

Eggs
Bacon
Hash Browns
Toast
Fruit
Yogurt
Assorted Cold Cereal
Orange Juice, Milk,
Coffee, Tea

LUNCH - 12:30 PM

Meatloaf
Mac and Cheese
Zucchini and Tomatoes
Salad
Bread
Homemade Pecan Pie
Unsweetened Ice Tea,
Coffee

DINNER - 5:30 PM

Roast Beef
Mashed Potatoes and
Gravy
Salad
Green Beans
Homemade Yeast Rolls
Fruit and Cookies
Unsweetened Ice Tea,
Coffee

SUNDAY

BREAKFAST - 8:00 AM

Pancakes
Oatmeal
Local Sausage
Baked Apples
Yogurt
Assorted Cold Cereal
Orange Juice, Milk, Coffee, Tea

LUNCH - 12:30 PM

Southern Fried Chicken
Rice and Gravy
Lima Beans
Coleslaw
Biscuits
Ice Cream and Cake
Unsweetened Ice Tea, Coffee